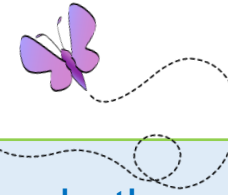


Fluttering Towards New Heights



Change is an inevitable part of life. It happens whether we are ready or not. Some people don't like change. Some people feel excited and others feel worried.

If a caterpillar does not change, it will never become a butterfly.

One of the secrets of living successfully is to learn to handle the changes we find coming our way. It is possible to learn to set our sail so that the winds of change blow us in the direction we choose rather than onto the rocks.

- 🦋 Choose a butterfly.
- 🦋 On one wing, write something that you have really enjoyed about last scholastic year or about this summer.
- 🦋 On the other wing write something you are looking forward to in this new scholastic year.
- 🦋 Offer this new scholastic year to the Lord and ask him to take control of all your worries, fears, anxieties and difficulties.



