

## Global Action Days

### **Action 1: Nature Dipping**

On Tuesday 26<sup>th</sup> April, students went out for a nature walk. At some point they were asked to sit down, close their eyes and be sensitive to stimuli from their other senses. Below are their reflections:

I could feel the fresh air.

I could actually hear the wind passing next to my ears.

I heard the girls' voices in the background.

I could feel the wet soil under my feet.

I could hear a bee buzzing in the background. The flowers were in bloom so most probably it was pollinating.

The leaves were rustling in the breeze. I rarely hear them on a normal day.

I could smell the flowers' odours.

I felt happy, at peace and relaxed.

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### **Action 2: Nature Detectives**

During the same outing held on the 26<sup>th</sup> of April, students were walking and doing fieldwork in the garigue surroundings of Pembroke. They were very pleasantly surprised to stumble upon a small pink jewel of around 15cm in length growing in the wilderness. This wild orchid, *Orkida Piramidali* (*Anacamptis pyramidalis*) endemic to the Maltese islands, blooms in spring. No scent seemed to be emanating from the flower. In Malta, wild orchids are legally protected under the Environment and Protection Agency.

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#### Action 4: Labels to look out for



Label 2

This label tells us that the packaging can be recycled more than once without losing its quality. This results in greater levels of recycling and less general waste.

Label 1

This label tells us that it can be recycled. The product will be broken down and repurposed as something else. This helps avoid waste. Not everything can be recycled for different reasons; some of these include when the packaging is soiled with food.



### Label 3

This label says that plastic was not utilised in the production of the packaged product. Plastic is a non-biodegradable product while paper is recyclable and degradable. The company opted not to use plastic in the production of their packaged products in order to reduce plastic waste.



### Label 4

This label says that this product is responsibly prepared in order to promote sustainability. Both the paper and plastic outside packaging can be recycled. The tin cans inside, if rinsed well, can be recycled as well. The food product was responsibly prepared and over fishing was not done.